A close up of a sign

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A BREAD FOR WORDS ACTIVITY

For Grades K-5

A picture containing building, table, sitting, person

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**ACTIVITY #1: My Four Letters**

After reading *Bread for Words; a Frederick Douglass Story*, use the following activities to help children understand the challenging way in which Frederick Douglass learned to read and write.

DIRECTIONS:

1. Choose four letters from one of the alphabets included below. (If you do not see a language you would like to work with, feel free to find a different language online.)
2. Copy one letter in each box below.
3. Set a timer for one minute.
4. After the timer is set, trace one letter as many times as you can for one minute or less. Repeat this step until you have traced all four letters.
5. When all four letters are complete, flip your paper over (or use the printout provided), and without looking, write each letter from memory!

**ACTIVITY #2: A Letter to Frederick**

Writing is an important part of our lives. The story of Frederick Douglass’s path to literacy is one that many children can relate to. Encourage students to share their reactions throughout this process and why they think literacy is important.

DIRECTIONS:

1. Once the first activity is completed, have students write a letter to Frederick Douglass.
2. Ask them to consider their own experience copying their four letters. What other ways could they learn to read or write if they did not have a teacher to help?

Finnish (Suomi) Script

A close up of a clock

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A screenshot of a cell phone

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Greek

A close up of a keyboard

Description automatically generated

Japanese Hiragana

Cherokee

A close up of a telephone

Description automatically generated

A picture containing toy, person, photo, person

Description automatically generatedA close up of a sign

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My Four Letters: